

**ANDERSON CITY COUNCIL
PROCLAMATION**

PROCLAIMING FEBRUARY 5, 2010 AS "WEAR RED DAY FOR WOMEN"

WHEREAS, diseases of the heart are the nation's leading cause of death and stroke is the third leading cause of death; and

WHEREAS, cardiovascular disease claims the lives of nearly 460,000 American females each year, approximately one death per minute; and

WHEREAS, in 2010, the direct and indirect cost of cardiovascular diseases in the U.S., including stroke, is estimated to be \$503.2 billion; and

WHEREAS, nearly as many women die of heart disease, stroke, and all other cardiovascular diseases than the next five leading causes of death combined, including all cancers; and

WHEREAS, February is designated as American Heart Month; and

WHEREAS, Go Red For Women® is the American Heart Association's national call to increase awareness about heart disease—the leading cause of death for women—and to inspire women to take charge of their heart health; and

WHEREAS, all women should learn their own personal risk for heart disease, using tools such as the American Heart Association's Go Red For Women® Heart CheckUp, Go Red for Women® Better U and by talking to their healthcare provider; and

WHEREAS, making the right choices relating to proper nutrition, physical activity, and other healthy lifestyle choices are essential to living a heart healthy life.

NOW, THEREFORE, the City Council of the City of Anderson, in recognition of the importance of the ongoing fight against heart disease and stroke, does hereby proclaim Friday, February 5, 2010, to be "**Wear Red Day for Women**" in Anderson, California and urges all citizens to show their support for women and the fight against heart disease by wearing the color red.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused to be affixed the Great Seal of the City of Anderson this 2nd day of February 2010.

Norma Comnick, Mayor of the City of Anderson