



City of Anderson Parks & Recreation Department
Anderson Union High School District
Invite You To the 6th Annual

LEAN & GREEN DAY

Come Take A Walk

Volonte Park, Anderson

FREE
**Healthy Cooking
Demonstration**

For Families

Anderson City Hall,
Community Center

Wednesday, March 24th
5:30-7:00pm

Hands On for the Whole Family

Wednesday,
March 24th, 2010
9:00am-4:30pm

Schools, Afterschool Programs
Family, Friends, Community
Information Booths
Health, Nutrition, Physical Activity
Nature & Fun!
Goodie Bags



FREE!
All Day Fun For All
(Educational Tool!)

Sponsored by: City of Anderson Parks & Recreation. Anderson High School Cub Lean. Anderson New Tech Leadership Class. Shasta County Public Health. UC Cooperative Extension. Shasta County Office of Education Project SHARE. Healthy Shasta. Healthy Eating. Active Communities (HEAC). Shasta Coalition for Activity and Nutrition & Community Support

For More Information Contact, Anderson Parks & Recreation, 378-6656